



INSTITUTE OF HEALTH SCIENCES

(A Unit of Margdarsi)

Office: N-2/41, I.R.C Village, Nayapalli, Bhubaneswar – 751015, Ph.:0674-2553640, 2550054

Campus: Chandaka, Bhubaneswar, Khordha, Odisha, pin: 754005, E-mail: ihsbbsr@margdarsi.org, web: www.ihsindia.org

7.1.1 – Report of the program

Gender Equity				
7.1.1 Total number of gender equity sensitization programmes organized by the Institution during the year				
Sl	Year	Title of the Gender sensitization programme	Date	Number of participants
1	2021	Seminar on Womens Rights	02.09.2021	30
2	2021	Awareness programme topic “ Breast Cancer”	19.10.2021	42
3	2021	Seminar on protection of women from domestic violence and sexual harassment	06.11.2021	25
4	2022	International Women's Day- Stress & Women	08.03.2022	35
5	2022	International Yoga Day - Yoga for working women	21.06.2022	40

Head
Women Empowerment Cell

Director
Institute of Health Sciences
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Notice

Ref no: IHS/WS/109/2020

Date: 01.09.2021

This is to inform that Institute of Health Sciences is organizing a seminar on Womens Rights for all the students of BASLP and BPT and Faculties, on 02/09.2021 by Dr. Sareeta Behera at Smart classroom, Chandaka campus at 10.30 am to 12.30 pm

Note:

Faculty In-charge of concerned department will be responsible for registration of participants and overall co ordination of the workshop.

Kindly cooperate in this regard.

Head

Women Empowerment Cell

Director
Institute of Health Sciences
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Women empowerment cell

Report of the event

Date	02/09/2021
Time	10.30am – 12.30pm
Venue	Smart classroom
Resource person	Dr. Sareeta Behera
Title	Women Rights




Women empowerment cell of I H S conducted an workshop on Womens Rights, Chief spokesperson was Dr. Sareeta Behera, State – Consultant, UNICEF . Dr. Behera beiefly talked about the different rights and duties of women in an workplace as well as in household activities.



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Notice

Ref no: IHS/WS/120/2021

Date: 18/10/2021

This is to inform that Institute of Health Sciences is organizing an awareness seminar on “Breast Cancer” on the occasion of “World Breast Cancer Day” for all the students of BASLP and BPT and all the staff of I H S on 19.10.2021 by Dr. Taramani Pattnaik , Gynaecologist at Seminar Hall, Chandaka campus at 3.00 pm. WEC faculty In-charge of concerned department will be responsible for registration of participants and overall co ordination of the programme

Kindly cooperate in this regard.

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Report of the event


Date	19/10/2021
Time	10.00am – 12.00pm
Venue	Seminar Hall, Chandaka campus
Resource person	Dr. Taramani Pattnaik
Title	Awareness on “Breast Cancer”



Women empowerment cell of I H S conducted an Awareness seminar on “Breast Cancer” on the occasion of World Breast Cancer Day. Dr. Taramani Pattnaik make aware and gave a complete information about the topic to all the students as well as staff of I H S who were participated in this seminar.



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Notice

Ref no: IHS/WS/128/2021

Date 05/11/2021

This is to inform that Institute of Health Sciences is organizing a seminar on protection of women from domestic violence and sexual harassment at Seminar Hall, Chandaka campus on 06.11.2021 at 10.00 am. WEC faculty In-charge of concerned department will be responsible for registration of participants and overall co ordination of the programme

Kindly cooperate in this regard.

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Report of the event


Date	06/11/2021
Time	10.00am – 12.00pm
Venue	Seminar Hall, Chandaka campus
Resource person	Dr. Minati Behera
Title	Protection of women from domestic violence and sexual harassment



Women empowerment cell of I H S conducted a seminar on protection of women from domestic violence and sexual harassment. Dr. Behera briefly narrated about the current scenario regarding domestic violence and sexual harassment of women at workplace as well as in the family. Students as well as staff of I H S were participated in this seminar.



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Notice

Ref no: IHS/WS/135/2021

Date: 07/3/2022

This is to inform that Institute of Health Sciences is organizing a seminar on the topic “stress and women” on 08.03.2022 on the occasion of International Womens Day at Seminar Hall, Chandaka campus at 10.00 am. WEC faculty In-charge of concerned department will be responsible for registration of participants and overall co ordination of the programme

Kindly cooperate in this regard.

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Report of the event


Date	08/03/2022
Time	10.00am – 12.00pm
Venue	Seminar Hall, Chandaka campus
Resource person	Dr. Santa Mishra
Title	International Womens Day topic – Stress and women



Women empowerment cell of I H S conducted a seminar on the topic “stress and women” to celebrate International Womens Day. Dr. Mishra(Psychologist) briefly narrated the most significant effects of stress on women and how to manage it. Students as well as staff of I H S were participated in this seminar.



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Notice

Ref no: IHS/WS/139/2021

Date: 20/06/2022

This is to inform that Institute of Health Sciences is organizing a seminar on the topic “Yoga for working women” on 21/06/2022 on the occasion of International Yoga Day at Seminar Hall, Chandaka campus at 10.00 am. WEC faculty In-charge of concerned department will be responsible for registration of participants and overall co ordination of the programme

Kindly cooperate in this regard.

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Date	21/06/2022
Time	10.00am – 12.00pm
Venue	Seminar Hall, Chandaka campus
Resource person	Mr. Naba Choudhury
Title	International Womens Day topic – Stress and women



On the occasion of International Women's Day I H S conducted a training programme on "Yoga for working women" for all the girl students of BASLP and BPT and all the women staff of I H S. Mr. Choudhury demonstrated different types of yoga postures to increase fitness level and decrease stress and anxiety of working women. He also suggested some diet protocols to follow with these yoga postures.

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